A Pedagogue's Poetic Meditation By Carol A. Mullen

Creates an arts meditative space that draws upon Dewey's philosophy of growth

Imagine yourself in a place Where everything is growing You can see everything growing You can hear everything growing You can feel everything growing See Hear Feel the growth Move toward this growth Get closer to that which is growing Kneel down Look closely Reach and touch REACH TOUCH STRETCH with all your might What's so special about this growth? Look again more closely. A Notice that the growth is growing How is it growing, this growth? Up and down and around A moving force. Follow the pattern of the growth Notice its texture, density, depth Can growth enable conditions for more growth? See how the growth makes the ground fertile How it cultivates a life system And depends on that which exists Just look at this spectacular growth! A momentum energized by its own force Stimulated by external stimulants to grow. Watch how this persevering force moves Over the ground Under the soil Through the land Working the ground with its muscles Winding Seamless Patterned Activity without beginning or end Notice how entangled and plush Is this thick brush of growth Thickened from plasmatic juices of creativity, It lives, this intoxicating growth of leak green.

Look over and away from this growth See another growth in the distance Move toward it See how it grows Hear how it grows Touch how it grows Ahh, this growth is different! It grows too, this sight before me But very differently— The ground, sucked up, Moves away from itself Repulsed at its own sight. Depriving soil of nutrients and minerals This place is swollen with poisonous froth A vacuum suction of negativity What living form of life is this?! Growth, but not harmonious and glowing Like a pulsating wire that carries no current A solipsistic sun shunning bright suns This growth feeds upon itself With a stranglehold upon the world Bent toward its own use Extracting, depleting, wilting, decaying A growth spreading feverishly, Suckers turned away from eternity.

Look away from this contaminated sight
And while turning, absorb the negative energy
Turning still, transform it into bright light
Of spiral shooting tendrils.
Hold the warm sinewy tendrils
Winding around your porous hand
Up through and inside your tendons
A tendril rooting, spreading, filling, thriving.
Balmy breezes of the seashore
Blowing hayseed of the inland prairies
The felt-radiance of s/ne next to you.
This growing growth, caresses
Absorbs and replenishes
Replenishes and absorbs
A timeless cycle of creation
Boundaryless Boundless Bountiful
A growing growth that is YOU.